General activities

* Physical activities outside if possible or there are some great youtube channels to dance along to.  We recommend ‘Koo Koo Kangaroo’, ‘GoNoodle’ and ‘Cosmic Kids Yoga’.  ‘PE with Joe’ on YouTube will have a live workout session for children at 9:00 am
* It is a perfect time to support your child’s independence: get dressed and undressed by themselves, do their shoe laces and their zips! It would be lovely to see videos on Tapestry!

Some Montessori activities that you can easily do at home:

* Transfer water with a sponge: <https://www.youtube.com/watch?v=otroz0_RkKE>
* Transfer sand/rice with a spoon to different containers
* Pour water from one jug to another one
* Whisking activity to create bubbles <https://www.youtube.com/watch?v=fe-IuyRbeqQ>
* Let them help you in the house to set the table, count how many forks, how many knives…
* Maybe they can help you to do the laundry and sorting the clothes.
* They can learn how to fold some clothes and socks <https://www.youtube.com/watch?v=CulAqUEiUFQ> They can start with easier things and then make it more difficult for them.

In the classroom they always tidy up the classroom independently, so they can continue this at home we usually use this song <https://www.youtube.com/watch?v=K4Ik18QswHo> They can clean the tables, the floor, wash their toys in the sink.

It would be amazing if you can share some pictures on Tapestry !