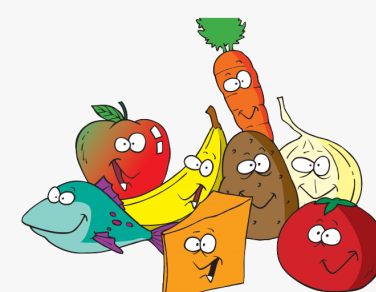
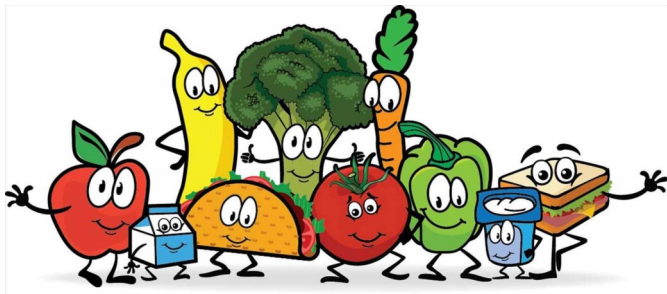


# Chestnuts Menu

## Summer 2024

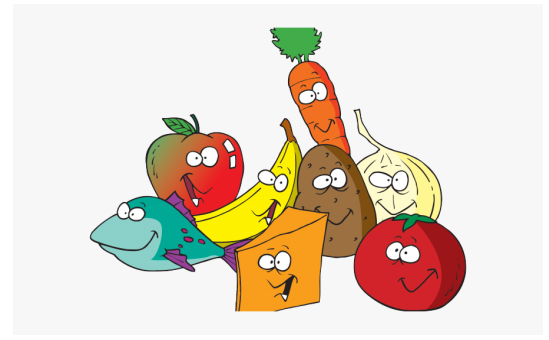


Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Cheese Pizza <b>WHEAT,,MILK</b>	Chicken Tikka Masala <b>COCONUT MILK</b>	Mashed Potatoes with Sausages and Gravy <b>GLUTEN , SULPHITES</b>	Lamb Meatballs <b>SULPHITES</b>	Baja Spiced Chicken Strips
<b>Option 2</b>	Pasta with Tomato Sauce <b>WHEAT,</b>	Chana Masala Curry	Vegetable Sausages <b>GLUTEN</b>	Veg Meatballs <b>WHEAT,EGGS</b>	Oaxaca Style Vegetables and Beans
<b>Vegetables</b>	Roasted Sweetcorn	Roasted Cauliflower	Baby Carrots with Savoury Cabbage	Broccoli	Fresh Mixed Peppers
<b>Salad Bar</b>	Mixed Italian Salad or Pasta Salad <b>WHEAT, MILK</b>	Mixed Salad Coleslaw <b>EGG,MILK</b>	Mixed Salad	Mixed Salad, Cole-slaw, Carrot and Cucumber Sticks	Sour Cream, Fresh Peppers and Mixed Salad, Cole-slaw <b>MILK</b>
<b>Dessert</b>	Fresh Fruits and Yoghurt <b>MILK</b>	Zesty Orange and Carrot Cake <b>WHEAT , MILK, EGG</b>	Fresh Fruit and Yoghurt <b>MILK</b>	Vegan Fruity Jelly or Fresh Fruit	Fresh Fruits and Yoghurt <b>MILK</b>
<b>Others</b>	Garlic Bread <b>WHEAT, SOYA</b>	Rice, Flat Bread <b>WHEAT, SOYA</b>	Potatoes , Rosemary + Garlic Bread <b>WHEAT, SOYA</b>	Penne Pasta or Sliced Bread <b>WHEAT, SOYA</b>	Tortilla Wrap <b>GLUTEN,</b>



# Chestnuts Menu

## Summer 2024



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Tuna and Cheese Sandwiches <b>WHEAT, MILK, FISH, EGG</b>	Peri Peri Chicken	Greek Beef Casserole (Kokkinisto)	Jacket Potato	Fish Fingers <b>WHEAT, FISH ,</b>
<b>Option 2</b>	Pesto with Pasta <b>WHEAT, MILK</b>	Peri Peri Cauliflower Bites	Greek Vegetable Casserole (Briam)	Baked Beans and Cheese <b>MILK</b>	Potato Cheese Balls with Vegetables <b>CHEESE</b>
<b>Vegetables</b>		Sweetcorn with Garden Pease	Spinach Salad with Pomegranate	As Above	Garden Peas
<b>Salad Bar</b>	Mixed Salad	Mixed Salad, Coleslaw <b>MILK, EGG</b>	Mixed Salad	Mixed Salad, Coleslaw <b>EGG</b>	Mixed Salad, Tartar Sauce, Ketchup, Coleslaw <b>EGG, SULPHITES, MILK</b>
<b>Dessert</b>	Fresh Fruit and Yoghurt <b>MILK</b>	Beetroot Chocolate Cake <b>WHEAT, MILK, EGG</b>	Fresh Fruit and Yoghurt <b>MILK</b>	Apple Crumble and Custard <b>WHEAT, MILK</b>	Fresh Fruit and Yoghurt <b>MILK</b>
<b>Others</b>	Baguette <b>WHEAT, SOYA</b>	Jollof Rice or Plain Rice , Whole Meal Bread <b>WHEAT, SOYA</b>	Lemon and Coriander Couscous <b>GLUTEN</b>	Sliced Bread <b>WHEAT</b>	Paprika Tossed Chips