

## Autumn / Spring 2017/2018 Menu Chestnuts Primary School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meal 1	Jacket Potato with baked beans and cheese	Chicken Burger & Chips	Beef Shepherds Pie or sandwiches & fillings	Lamb Stew	Chicken Korma or Beef Chilli
Meal 2	Sausage and Mash	Vegi Burger	Shepherdess Pie (Vegi)	Mexican Bean Stew	Chick Pea Curry
Vegetables	Baked beans		Carrots & broccoli	Sweet Corn , Green Beans	
Salad Bar	Coleslaw, Mixed Salad, Sweet Corn Salad, Beetroot Salad	Tomato salad, Beetroot, Pasta Salad, Lettuce and Cucumber	Rainbow Coleslaw, Cucumber, Mixed Salad & Sweetcorn	Lettuce, Beetroot, Cucumber Cole-slaw, Tomatoes	Pasta Salad, Sweetcorn Salad, Coleslaw, Beetroot
Main Desert	Rice Pudding	Apple & Sultana Rock Cakes	Oatmeal biscuits	Chocolate cake and custard	Fruit Jelly
Second Desert	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit
Other	Organic Bread, Potatoes	Chips, Burger Roll, Ketchup	Organic Bread, potatoes, Baguettes	Cous-cous, Organic Bread, Plain Rice	Rice & Naan Bread

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meal 1	Sausages & Mash Potatoes	Tandoori Chicken or Dahl Lentil	Lamb Bolognese	Chicken or Vegi Strips	Fish Fingers or Vege Samosa
Meal 2	Quorn Sausages or Pizza	Sandwich Filling	Vege Bolognese	Spicy Mexican Mince	Chicken Nuggets
Vegetables	Vege Gravy		Sweetcorn, Green Beans		Garden Peas
Salad Bar	Rainbow Cole- slaw, Mixed Salad, Tomato, Cucum- ber, Lettuce	Cucumber Raita, Pasta Salad, Beet- root, Sweetcorn, Coleslaw	Cucumber, Toma- toes, Lettuce, Rain- bow Coleslaw	Rainbow Cole- slaw, Mixed Pep- pers, Mixed Salad, Sweetcorn	Mixed Salad, Beetroot, Pasta Salad, Coleslaw
Main Desert	Oat Biscuits	Cupcakes	Crumble & Ice Cream	Rice Pudding/ Jam	Cheese and Crackers
Second Desert	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit
Other	Organic Bread, Potatoes, Pizza	Jollof Rice or Ba- guette or Naan, Plain Rice	Organic Bread, Spaghetti	Tortilla Wrap or Taco Shell, Cheese and Cream	Chips, Organic Bread