

Autumn / Spring 2017/2018 Menu Chestnuts Primary School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meal 1	Jacket Potato with baked beans and cheese	Chicken Burger & Chips	Beef Shepherds Pie or sandwiches & fillings	Lamb Stew	Chicken Korma or Beef Chilli
Meal 2	Sausage and Mash	Vegi Burger	Shepherdess Pie (Vegi)	Mexican Bean Stew	Chick Pea Curry
Vegetables	Baked beans		Carrots & broccoli	Sweet Corn , Green Beans	
Salad Bar	Coleslaw, Mixed Salad, Sweet Corn Salad, Beetroot Salad	Tomato salad, Beetroot, Pasta Salad, Lettuce and Cucumber	Rainbow Coleslaw, Cucumber, Mixed Salad & Sweetcorn	Lettuce, Beetroot, Cucumber Cole-slaw, Tomatoes	Pasta Salad, Sweetcorn Salad, Coleslaw, Beetroot
Main Desert	Rice Pudding	Apple & Sultana Rock Cakes	Oatmeal biscuits	Chocolate cake and custard	Fruit Jelly
Second Desert	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit
Other	Organic Bread, Potatoes	Chips, Burger Roll, Ketchup	Organic Bread, potatoes, Baguettes	Cous-cous, Organic Bread, Plain Rice	Rice & Naan Bread

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meal 1	Fish Fingers & chips	Tandoori Chicken or Dahl Lentil	ROAST DINNER Turkey	Chicken or Vegi Strips	Bolognese or Veg Bolognese
Meal 2	Quorn or Poultry Sausages	Sandwich Filling	Cheese & Leek Tarts	Spicy Mexican Mince	Pizza
Vegetables	Garden Peas		Carrots, peas & Roast Potatoes		Sweetcorn or Green Beans
Salad Bar	Rainbow Cole-slaw, Mixed Salad, Sweetcorn, Lettuce	Cucumber Raita, Lettuce, Tomatoes, Cucumber, Pasta Salad	Coleslaw, Tomatoes, Lettuce, Beetroot	Rainbow Cole-slaw, Lettuce, Beetroot, Pasta Salad, Sweetcorn	Cucumber, Lettuce, Beetroot, Sweetcorn, Cole-slaw
Main Desert	Oat Biscuits	Cup Cakes	Crumble & Ice Cream	Rice Pudding	Cheese and Crackers
Second Desert	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit
Other	Hot Dog Bun, Chips, Organic Bread	Jollof Rice or Baguette or Naan	Organic Bread, Potatoes	Tortilla Wrap or Taco Shell, Cheese and Cream	Spaghetti, Pizza & Organic Bread